July

Monday	Tuesday	Wednesday
26 wk- 26 177 / 188	27 178 / 187	28 179 / 186
3 wk- 27 184 / 181	4 185 / 180	5 186 / 179
10 wk- 28 191 / 174	11 192 / 173	12 193 / 172
17 wk- 29 198 / 167	18 199 / 166	19 200 / 165
24 wk- 30 205 / 160	25 206 / 159	26 207 / 158
31 wk- 31 212 / 153	1 213 / 152	2 214 / 151

2023

Thursday	Friday	Saturday	Sunday
29 180 / 185	30 181 / 184	1 182 / 183	
		2 183 / 182	
6 187 / 178	7 188 / 177	8 189 / 176	
		9 190 / 175	
13 194 / 171	14 195 / 170	15 196 / 169	
		16 197 / 168	
20 201 / 164	21 202 / 163	22 203 / 162	
		23 204 / 161	
27 208 / 157	28 209 / 156	29 210 / 155	
		30 211 / 154	
3 215 / 150	4 216 / 149	5 217 / 148	
		6 218 / 147	

July Notes

July 2023

June 26 to July 2

Week 26

Monday 26	177 / 188	Thursday 29	180 / 185
Tuesday 27	178 / 187	Friday 30	181 / 184
Wednesday 28	179 / 186	Saturday 1	182 / 183
		Sunday 2	183 / 182

July 2023

July 3 to July 9

Week 27

Monday 3 184 / 181	Thursday 6 187 / 178
Tuesday 4 185 / 180	**Friday 7 188 / 177**
Wednesday 5 186 / 179	**Saturday 8 189 / 176**
	Sunday 9 190 / 175

July 2023

July 10 to July 16

Week 28

Monday 10 191 / 174	Thursday 13 194 / 171
Tuesday 11 192 / 173	**Friday 14 195 / 170**
Wednesday 12 193 / 172	**Saturday 15 196 / 169**
	Sunday 16 197 / 168

July 2023

July 17 to July 23

Week 29

Monday 17 198 / 167	Thursday 20 201 / 164
Tuesday 18 199 / 166	**Friday 21 202 / 163**
Wednesday 19 200 / 165	**Saturday 22 203 / 162**
	Sunday 23 204 / 161

July 2023

July 24 to July 30

Week 30

Monday 24 205 / 160	Thursday 27 208 / 157
Tuesday 25 206 / 159	**Friday 28 209 / 156**
Wednesday 26 207 / 158	**Saturday 29 210 / 155**
	Sunday 30 211 / 154

July 2023

July 31 to August 6

Week 31

Monday 31 212 / 153	Thursday 3 215 / 150
Tuesday 1 213 / 152	**Friday 4 216 / 149**
Wednesday 2 214 / 151	**Saturday 5 217 / 148**
	Sunday 6 218 / 147