

| TABLE 26 | | | | | | |
|---|------|--------|---|------|--------|--|
| Time Zones, Zone Descriptions, and Suffixes | | | | | | |
| ZONE | ZD | SUFFIX | ZONE | ZD | SUFFIX | |
| 7 ¹ / ₂ ° W to 7 ¹ / ₂ ° E. | 0 | Z | 7 ¹ / ₂ ° W. to 22 ¹ / ₂ ° W. | + 1 | N | |
| 7 ¹ / ₂ ° E. to 22 ¹ / ₂ ° E. | - 1 | A | 22 ¹ / ₂ ° W. to 37 ¹ / ₂ ° W. | + 2 | O | |
| 22 ¹ / ₂ ° E. to 37 ¹ / ₂ ° E. | - 2 | B | 37 ¹ / ₂ ° W. to 52 ¹ / ₂ ° W. | + 3 | P | |
| 37 ¹ / ₂ ° E. to 52 ¹ / ₂ ° E. | - 3 | C | 52 ¹ / ₂ ° W. to 67 ¹ / ₂ ° W. | + 4 | Q | |
| 52 ¹ / ₂ ° E. to 67 ¹ / ₂ ° E. | - 4 | D | 67 ¹ / ₂ ° W. to 82 ¹ / ₂ ° W. | + 5 | R | |
| 67 ¹ / ₂ ° E. to 82 ¹ / ₂ ° E. | - 5 | E | 82 ¹ / ₂ ° W. to 97 ¹ / ₂ ° W. | + 6 | S | |
| 82 ¹ / ₂ ° E. to 97 ¹ / ₂ ° E. | - 6 | F | 97 ¹ / ₂ ° W. to 112 ¹ / ₂ ° W. | + 7 | T | |
| 97 ¹ / ₂ ° E. to 112 ¹ / ₂ ° E. | - 7 | G | 112 ¹ / ₂ ° W. to 127 ¹ / ₂ ° W. | + 8 | U | |
| 112 ¹ / ₂ ° E. to 127 ¹ / ₂ ° E. | - 8 | H | 127 ¹ / ₂ ° W. to 142 ¹ / ₂ ° W. | + 9 | V | |
| 127 ¹ / ₂ ° E. to 142 ¹ / ₂ ° E. | - 9 | I | 142 ¹ / ₂ ° W. to 157 ¹ / ₂ ° W. | + 10 | W | |
| 142 ¹ / ₂ ° E. to 157 ¹ / ₂ ° E. | - 10 | K | 157 ¹ / ₂ ° W. to 172 ¹ / ₂ ° W. | + 11 | X | |
| 157 ¹ / ₂ ° E. to 172 ¹ / ₂ ° E. | - 11 | L | 172 ¹ / ₂ ° W. to 180° | + 12 | Y | |
| 172 ¹ / ₂ ° E. to 180° E. | - 12 | M | | | | |

NOTE. – G M T is indicated by suffix Z. Standard times as kept in various places or countries are listed in *The Nautical Almanac* and *The Air Almanac*.