

TABLE 26						
Time Zones, Zone Descriptions, and Suffixes						
ZONE	ZD	SUFFIX	ZONE	ZD	SUFFIX	
7 <sup>1</sup> / <sub>2</sub> ° W to 7 <sup>1</sup> / <sub>2</sub> °E. ....	0	Z	7 <sup>1</sup> / <sub>2</sub> ° W. to 22 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 1	N	
7 <sup>1</sup> / <sub>2</sub> ° E. to 22 <sup>1</sup> / <sub>2</sub> °E. ....	- 1	A	22 <sup>1</sup> / <sub>2</sub> ° W. to 37 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 2	O	
22 <sup>1</sup> / <sub>2</sub> ° E. to 37 <sup>1</sup> / <sub>2</sub> °E. ....	- 2	B	37 <sup>1</sup> / <sub>2</sub> ° W. to 52 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 3	P	
37 <sup>1</sup> / <sub>2</sub> ° E. to 52 <sup>1</sup> / <sub>2</sub> °E. ....	- 3	C	52 <sup>1</sup> / <sub>2</sub> ° W. to 67 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 4	Q	
52 <sup>1</sup> / <sub>2</sub> ° E. to 67 <sup>1</sup> / <sub>2</sub> °E. ....	- 4	D	67 <sup>1</sup> / <sub>2</sub> ° W. to 82 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 5	R	
67 <sup>1</sup> / <sub>2</sub> ° E. to 82 <sup>1</sup> / <sub>2</sub> °E. ....	- 5	E	82 <sup>1</sup> / <sub>2</sub> ° W. to 97 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 6	S	
82 <sup>1</sup> / <sub>2</sub> ° E. to 97 <sup>1</sup> / <sub>2</sub> °E. ....	- 6	F	97 <sup>1</sup> / <sub>2</sub> ° W. to 112 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 7	T	
97 <sup>1</sup> / <sub>2</sub> ° E. to 112 <sup>1</sup> / <sub>2</sub> °E. ....	- 7	G	112 <sup>1</sup> / <sub>2</sub> ° W. to 127 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 8	U	
112 <sup>1</sup> / <sub>2</sub> ° E. to 127 <sup>1</sup> / <sub>2</sub> °E. ....	- 8	H	127 <sup>1</sup> / <sub>2</sub> ° W. to 142 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 9	V	
127 <sup>1</sup> / <sub>2</sub> ° E. to 142 <sup>1</sup> / <sub>2</sub> °E. ....	- 9	I	142 <sup>1</sup> / <sub>2</sub> ° W. to 157 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 10	W	
142 <sup>1</sup> / <sub>2</sub> ° E. to 157 <sup>1</sup> / <sub>2</sub> °E. ....	- 10	K	157 <sup>1</sup> / <sub>2</sub> ° W. to 172 <sup>1</sup> / <sub>2</sub> ° W. ....	+ 11	X	
157 <sup>1</sup> / <sub>2</sub> ° E. to 172 <sup>1</sup> / <sub>2</sub> °E. ....	- 11	L	172 <sup>1</sup> / <sub>2</sub> ° W. to 180° .....	+ 12	Y	
172 <sup>1</sup> / <sub>2</sub> ° E. to 180°E. ....	- 12	M				

**NOTE.** – G M T is indicated by suffix Z. Standard times as kept in various places or countries are listed in *The Nautical Almanac* and *The Air Almanac*.